

Theme of the Month: Self Love

Progress, or Perfection?

Every morning, I show up at work...

wearing:

feeling:

being:

When you look into a mirror, who do you see? What do you say to yourself most often?

How are you setting boundaries at work, and saying no respectfully when it is needed?

When was the last time you speak your truth, even what you have to say might be unpopular?